

THE 22 QUESTIONS OF JOHN WESLEY'S HOLY CLUB

Over 200 years ago when Charles and John Wesley were students at Oxford University, they started a small group that met for regular prayer, Bible study, and discipleship. In their private devotions, they would use these questions to 'methodically' examine their spiritual lives to help them be spiritually accountable in the faith and encourage growth in their commitment to Christ. This became the beginning of the Methodist movement.

John Wesley asked himself these questions every day and recorded his responses in a journal in order that he could grow spiritually. How might a commitment to this kind of honest examination of your spiritual life sharpen your commitment to Christ? How might this kind of spiritual accountability impact the mission of Christ in the world?

1. Am I consciously or unconsciously creating the impression that I am better than I really am? In other words, am I a hypocrite?
2. Am I honest in all my acts and words, or do I exaggerate?
3. Do I confidentially pass on to another what was told to me in confidence?
4. Can I be trusted?
5. Am I a slave to dress, friends, work or habits?
6. Am I self-conscious, self-pitying or self-justifying?
7. Did the Bible live in me today?
8. Do I give it time to speak to me every day?
9. Am I enjoying prayer?
10. When did I last speak to someone else about my faith?
11. Do I pray about the money I spend?
12. Do I go to bed on time and get up on time?
13. Do I disobey God in anything?
14. Do I insist upon doing something about which my conscience is uneasy?
15. Am I defeated in any part of my life?
16. Am I jealous, impure, critical, irritable, touchy or distrustful?
17. How do I spend my spare time?
18. Am I proud?
19. Do I thank God that I am not like other people?
20. Is there anyone whom I fear, dislike, disown, criticize, hold a resentment toward or disregard?
21. Do I grumble or complain constantly?
22. Is Christ real to me?

