



Heaton Moor United Church

The United Reformed Church and The Methodist Church
working together in partnership



Sunday Services at Heaton Moor United Church

Services at 10:45 unless otherwise stated

16 th January	Local Arrangement	Leprosy Mission Sunday
23 rd January	Rev Dr Graham Adams	
30 th January	Rev Dr Raj Patta	
6 th February	Rev Dr Graham Adams	10.00 Super Sunday followed at 10.45 service
13 th February	Jill Barber	
20 th February	Rev Paul Brewerton	Communion service

Additional Services

Tuesday 18 th January	Dementia Friendly Service	Heaton Moor United Church
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Additional Events at Heaton Moor Church

Monday 24 th January at 19:30 (takes place every other Monday)	Men's Fellowship
Wednesday 19 th January at 10.30	Coffee and a Chat
Wednesday 19 th January at 10:00	Moor Than a Good Book

MESSAGE FROM THE CO-EDITOR

Happy New Year Everyone!

It's been quite a first week back for me as I've only been in the building 1.5 days!

The week started with toddlers, and it was lovely to see all families returning - even though it's only been three weeks since I saw them last there were some noticeable changes including a few of our little ones now walking! Our theme this term is bugs and we will be finishing with a bug ball.

On Wednesday I worked from home catching up on all my paperwork and preparing for the Dementia Friendly Service next week. This service is open to anyone and usually lasts around 30 minutes. This month we are having a singing service - so quite a few songs will be sung.

On Thursday I spent the morning out and about in Heaton Moor, calling in at a few of the shops and catching up with the traders. I spent some time on the park with some families but it was getting a bit chilly so I didn't stay too long!


There was no team meeting this week due to Raj isolating with COVID - he would like to Thank Everybody for all the prayers, cards, email and phone calls and he is hoping to back to work next week.

As always if I can be of any help please do not hesitate to contact me

JoAnne

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www.heatonmoorunitedchurch.org.uk

 Heaton Moor United Church

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Office Hours

Monday 10:00 – 14:00

Tuesday 10:00 – 14:00

Wednesday 10:00 – 14:00

Thursday CLOSED

Friday 12:00 – 14:00



Circuit Service

The circuit service was held at Church on Sunday and was led by David Hartman from Joint Public Issues Team (JPIT). It was a very interesting service with a brief overview of the work of JPIT including their campaigning around The Nationality and Borders Bill (2021). For more information on this please visit <https://www.jointpublicissues.org.uk/nationalityandbordersbill/> At the service we were all given orange hearts and encouraged to write messages of support to refugees on them and display them. I have put some orange hearts on the entrance table and encourage you to write your messages of support on one for me to display in Church.

A Prayer for Refugees

God, creator of all,
For people who are displaced:
may they find a safe refuge.
For people who have lost control of their lives;
may they know a sure foundation.
For people who live in fear;
may they be given a strong fortress.
For people who are disillusioned;
may they have hope for the future.
Loving Father, in times of crisis, sorrow and uncertainty;
we ask that you draw near. Amen

*This prayer was written by All We Can who work closely with refugees in different countries across the world.
For more information visit www.allwecan.org.uk*

LOST GLOVE a single black glove has been found in the kitchen,
if you have lost a glove it is now in the office



We've got our first bulb picture! Thank you to Val for sharing the image of her hyacinth in bloom. I look forward to seeing many more over the coming weeks.



DEMENTIA FRIENDLY SINGING SERVICE

2pm - 17th January

A short & relaxed service
(about 30 mins)

for people living with memory
loss, dementia & their carers

Refreshments will be
served after the service



2022 The Year of the Tutu

La Sylphide is one of the worlds oldest surviving ballets. When it premiered in 1832 it was the first-time dancing on pointe was featured in a professional ballet - in order to showcase such delicate footwork, the traditional dancers skirt was shortened and became known as the tutu.



Fast forward and this iconic skirt has gone beyond ballet and been worn to the red carpet by Bjork in 2001, a tutu was the first outfit we saw Carrie Bradshaw in in 1998, Serena Williams wore a tutu to play tennis in at the US Open in 2018 and of course most famously one was worn by me at Christmas!

Despite years of ballet, I certainly do not have delicate footwork to showcase, I am not an international music icon, or a TV superstar and I haven't picked up a tennis racket in over 30 years! Yet wearing that little bit of netting made me feel as if I could be all of those things and more!

I couldn't help but twirl and smile whilst wearing it and more importantly it made other people smile - it was certainly a conversation starter!

So, it seemed logical to me that I needed to wear a tutu more often and when better than the year two two, 2022! I will therefore be wearing a different tutu at some point each month; not only to make me feel great and to raise a smile but also to highlight campaigns, awareness days and more. If you would like to join me, drop me an email and I'll let you know the themes!

Blue Monday

17th January is known as Blue Monday a day that is supposedly the most depressing day of the year. Whilst Blue Monday has its origins in a publicity stunt by a travel company to encourage people to book a holiday, the winter months can cause a seasonal variation in our mental health.

It is said that up-to a third of the population suffers from a seasonal affective disorder (SAD). Furthermore, 9 out of 10 people report sleeping and eating more during the darker months. During this time the things that are known for good mental health such as exercising and spending time in green and blue spaces are harder to do when the days are short, and the nights are long.

So, during the week of 17th January, I will be wearing my tutu to highlight that we all have mental health and there are steps we can take, and we should take them on every day of the year, to protect it.

JoAnne

Covenant Thoughts

This Sunday was the Covenant Service , unfortunately due to Covid Raj , couldn't take the service. Paul Brewerton very kindly stepped in to do it . One slide that stood out for me, was this one: I thought it would be good to share it in the notice sheet, so it can be used as a prompt throughout the year .

COVENANTAL WORDS FOR 2022

In the context of ecological crisis

Responsible

In the context of gender inequality

Respect

In the context of racial injustice

Resist

In the context of poverty

Reset Debt

In the context of conflict

Reconciliation

In the context of mission

Renewal

In the context of migrant crisis

Refuge

In the context of spirituality

Resilience

@rajpatta

Sharon

Worship at Home - Sunday 16 January 2022

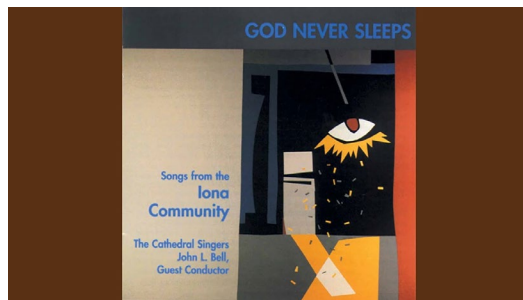
This short act of worship has been prepared for you to use at home. We invite you to spend a few moments with God, knowing that other people across the Methodist Connexion are sharing this act of worship with you.

Opening Prayer

As we make our journey from the Feast of the Epiphany to Lent, help us to see the signs of your kingdom in the world around us.

Hymn: 101 Before the world began

Sing/ Read /pray /proclaim the words or listen to it here



<https://youtu.be/xt6jygmSc8>

Before the world began,
one Word was there;
grounded in God he was,
rooted in care;
by him all things were made,
in him was love displayed,
through him God spoke, and said,
'I am for you.'

Life found in him its source,
death found its end;
light found in him its course,
darkness its friend.
For neither death nor doubt
nor darkness can put out
the glow of God, the shout,
'I am for you.'

The Word was in the world

which from him came;
unrecognised he was,
unknown by name;
one with all humankind,
with the unloved aligned,
convincing sight and mind,
'I am for you.'

All who received the Word
by God were blessed;
sisters and brothers they
of earth's fond guest.
So did the Word of grace
proclaim in time and space
and with a human face,
'I am for you.'

John L. Bell (b. 1949) and Graham Maule (b. 1958)

Prayer

As your people, O God, we come to give you thanks and praise. You reveal yourself to us in creation, in the life, death and rising of Jesus and in the continuing work of the Spirit in our lives. We hear and reflect on your self-revelation in the life of Jesus, and of the impact his life had on those around him.

We know that we do not always live up to the challenge of Jesus's story. So, in silence, we reflect on our failings as individuals, on our failings as a church and on our failings as a society.

Silence

We know that in Jesus God says to us 'Your sins are forgiven.'

Living God, in Christ you make all things new.
Transform the poverty of our nature

by the riches of your grace,
and in the renewal of our lives
make known your heavenly glory;
through Jesus Christ our Lord. **Amen.**
(MWB collect for the day)

Today's Reading from the Old Testament
Isaiah 62.1-5

Today's Gospel Reading: John 2.1-11

Time to Reflect

In today's gospel reading Jesus and his disciples find time to join his mother for a celebratory event. When the crisis emerges, he is reluctant to help but the end result is, it seems, excellent wine. It is a sign (v11). It is striking that Jesus' first recorded 'sign' in John's gospel is about domestic embarrassment, when others are typically about life-changing conditions (think of Bartimaeus or Lazarus).

This is a story about the way God is revealed in Jesus, a central theme of the Sundays after Epiphany. Here, and elsewhere, a feature of God's self-revelation in Jesus seems to be exuberant generosity.

Perhaps the messages for us include the notion that it is not for us to judge what God can or should do for us. God is not bound by what we think is proper, or for that matter by what we think is fair. We do not and cannot control God. God's good gifts are sometimes unexpected and beyond our comprehension.

Another message could be about responding in the moment to the need we can see. That certainly seems to be what Jesus did at this wedding in Cana. Even though his hour had not yet come (v4), he responded to the host's need and to his mother's plea. What might be our response to God's unexpected generosity?

Take a time to sit quietly

A time of prayer

Let us pray for the church and the world.

For the church around the world in uncertain times. With the Methodist Prayer Handbook on day 16 especially for the Church of Bangladesh, the Church of Pakistan, and the Methodist Church in Sri Lanka and for the Methodist Church in Ireland. For the congregations we know. That all our words and actions may accord with God's will for us and for all people.

For the world, for all in positions of power and influence, . that they may strive for justice and for peace. For our own country and neighbourhood.

For those in need, for those fleeing conflict, for prisoners, for those who are sick or awaiting diagnosis or treatment. For those know to us. Draw near to all in need with your saving love and bring healing and hope.

For ourselves that we may follow the example of all your saints and of those who brought us to faith. . Bring us with them into the fullness of your eternal joy.

The Lord's Prayer

Our Father

Hymn: Listen to this version of StF 35 from the author

<https://grahamkendrick.co.uk/songs/graham-kendrick-songs/make-way-for-the-cross-let-the-flame-burn-brighter/the-feast-is-ready-the-trumpets-sound>

The trumpets sound, the angels sing,
the feast is ready to begin;
the gates of heaven are open wide,
and Jesus welcomes you inside.
Sing with thankfulness songs of pure delight,
come and revel in heaven's love and light;
take your place at the table of the King,
the feast is ready to begin,
the feast is ready to begin.

Tables are laden with good things,
O taste the peace and joy he brings;
he'll fill you up with love divine,

he'll turn your water into wine.

The hungry heart he satisfies,
offers the poor his paradise;
now hear all heaven and earth applaud
the amazing goodness of the Lord.

Graham Kendrick (b. 1950)

A prayer of blessing

May Christ the Son of God, born of Mary,
fill us with his grace to trust his promises
and may the blessing of God, Spirit, Son and
Father, be with us and those for whom we
pray, this day and always. **Amen.**

(adapted from MWB)

Original Materials by Dudley Coates

All

Hymns reproduced under CCLI 1144191.

Local Churches please insert CCCLi No here

We are grateful to all the Ministers and Local Preachers from
around the Connexion who have contributed to Worship at
Home. This resource is administrated by Ministries: Vocations
and Worship in the Connexional Team.

For more worship resources see

[The Bible \(methodist.org.uk\)](http://The Bible (methodist.org.uk))

[Singing the Faith Plus \(methodist.org.uk\)](http://Singing the Faith Plus (methodist.org.uk))

Readings

Isaiah 62.1-5

For Zion's sake I will not keep silent,
and for Jerusalem's sake I will not rest,
until her vindication shines out like the dawn,
and her salvation like a burning torch.

² The nations shall see your vindication,
and all the kings your glory;
and you shall be called by a new name
that the mouth of the Lord will give.

³ You shall be a crown of beauty in the hand
of the Lord,
and a royal diadem in the hand of your God.

⁴ You shall no more be termed Forsaken,
and your land shall no more be termed
Desolate;

but you shall be called My Delight Is in Her,
and your land Married;
for the Lord delights in you,
and your land shall be married.

⁵ For as a young man marries a young woman,
so shall your builder marry you,
and as the bridegroom rejoices over the bride,
so shall your God rejoice over you.

John 2.1-11

¹On the third day there was a wedding in Cana
of Galilee, and the mother of Jesus was there.

²Jesus and his disciples had also been invited
to the wedding. ³When the wine gave out, the
mother of Jesus said to him, 'They have no
wine.' ⁴And Jesus said to her, 'Woman, what
concern is that to you and to me? My hour

has not yet come.' ⁵His mother said to the
servants, 'Do whatever he tells you.' ⁶Now
standing there were six stone water-jars for
the Jewish rites of purification, each holding
twenty or thirty gallons. ⁷Jesus said to them,
'Fill the jars with water.' And they filled them
up to the brim. ⁸He said to them, 'Now draw
some out, and take it to the chief steward.' So
they took it. ⁹When the steward tasted the
water that had become wine, and did not
know where it came from (though the
servants who had drawn the water knew), the
steward called the bridegroom and said to
him, ¹⁰'Everyone serves the good wine first,
and then the inferior wine after the guests
have become drunk. But you have kept the
good wine until now.' ¹¹Jesus did this, the first
of his signs, in Cana of Galilee, and revealed
his glory; and his disciples believed in him.