



Heaton Moor United Church

The United Reformed Church and The Methodist Church
working together in partnership



NOTICES January 2024

Sunday Services at Heaton Moor United Church

Services at 10:45 unless otherwise stated

26 th January	Rev Mike Aspinall	
2 nd February	Deborah Symmons	
9 th February	Rev Phil Dew	Church meeting will following the service
16 th February	Rev Paul Brewerton	Communion Service
23 rd February	Rev Timothy Meadows	Moderator of the General Assembly of the United Reformed Church

Additional Services at Heaton Moor United Church

Tuesday 18 th February at 14:00	Short Service	Service followed by refreshments open to all especially those with dementia and their carers
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Services from around The Circuit

Sunday 2 nd February at Tiviot Dale	Circuit Service – Homelessness	Refreshments from 17:30 service at 18:30
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Events at Heaton Moor United Church

Living Lounge Warm Space Mondays from 12:00 – 15:00	Lunch at the Living Lounge will operate throughout January, no need to book. All are welcome
Monday Fellowship Every other Monday from 19:45	Next meeting 3 rd February
Weekly Wednesday Coffee Morning 10:30	All are welcome
Time To Talk 1 st & 3 rd Thursdays of each month at 14:00	<i>(Previously bereavement support)</i> Next meeting 6 th February 2025
Leprosy Mission Coffee Morning Saturday 8 th February from 10:30	Join us as we raise funds for the vital work of the Leprosy Mission
Messy Church 2 nd Thursday of each month from 15:15	Next gathering Thursday 13 th February “Forgiveness & Feet”

Welcome to our fortnightly notice sheet – if you have any news you would like to share please send to JoAnne community@heatonmoorunitedchurch.org.uk. or notices can be handwritten and left on the community workers desk!

Notices for Sunday:	Emailed/Printed	Latest submission date
9 th February	7 th February	5 th February
23 rd February	21 st February	19 th February
9 th March	7 th March	5 th March
23 rd March	21 st March	19 th March

If you no longer wish to receive the notices direct to your inbox you can unsubscribe at any time by contacting office@heatonmoorunitedchurch.org.uk

Office Hours W/C 27 th Jan
Monday 10:00 – 14:00
Tuesday 10:00 – 14:00
Wednesday 10:00 – 14:00
Thursday CLOSED
Friday CLOSED

Office Hours W/C 3 rd Feb
Monday 10:00 – 14:00
Tuesday 10:00 – 14:00
Wednesday 10:00 – 14:00
Thursday CLOSED
Friday 11:00 – 12:00

STAFF WORKING HOURS

Please note our administrator, Sharon’s usual working days are Monday, Tuesday and Wednesday.

Our Community Worker is no longer office based, and Wednesday is a non-working day.

Team Contact Information

Church Minister – Rev Phil Dew 07947 191 661
revphildew@googlemail.com

Church Administrator – Sharon Heginbotham 0161 431 0262
office@heatonmoorunitedchurch.org.uk

Community Worker – JoAnne Roy 07340 269 354
community@heatonmoorunitedchurch.org.uk



CHURCH MEETING NOTIFICATION

The next church meeting will take place after the service on the 9th February – please bring your lunch!

Living Lounge – Warm Space

Our Living Lounge warm space is growing in popularity – why not come along and see what it's all about! The warm space is open from 12:00 until 15:00

Thanks to additional funding we are going to continue Lunch at The Living Lounge until 10th February. The bulk of lunch items are provided by local supermarkets and are items that would otherwise go to waste – lunch at The Living Lounge is available for everyone as we do our bit to reduce good quality food going to landfill.

We are also offering extra activity at The Living Lounge under the banner Living Well at The Living Lounge, and on Monday 20th February we were joined by Tamara, a qualified sports therapist who provided indian head massages to visitors at The Living Lounge. On Monday 27th January we will be joined by F.I.T Therapy, a physiotherapy led exercise program for seniors. They will be offering a free chair exercise class at 14:00 and all are welcome



VOLUNTEERS NEEDED – there is a new timetable for volunteers at The Living Lounge. If you can please sign up, volunteers are needed to ensure food is available, tidy up at the end of the session (no lifting of furniture required) and to chat to visitors to The Living Lounge.



A sample of the our Lunch at The Living Lounge offering!

Moor LOVE

February is the month of LOVE! For us as church community our annual Moor Love initiative is an opportunity to talk about God's love and how we love our neighbour.

This year we are challenging you to do 5 acts of random kindness from the 1st of February until the 14th, of course you can do more if you wish!

1. Can you be a secret spreader of kindness? Can you do something kind for someone in secret?
2. Write a thank you note to someone you know, let them know you appreciate what they do and they matter to you. Your little note might make their day!
3. Be kind to yourself – being kind isn't just about being kind to others. When we are kind to ourselves it makes us feel happier! Do something to be kind to yourself – perhaps it's booking yourself a treat day, having a break with your favourite chocolate.
4. Being kind to people helps to create a better world, but being kind to the planet will give us a world to live on. Do something to be kind to the environment, plant wildflowers, check the energy usage in your homes, think of walking instead of using the car.
5. Kindness spreads kindness, doing something for charity enables them to help others. Perhaps choose a new charity to make a one off donation too, or see if there's a charity that you can help for a day.

Small things that we do can really make a difference! We'd love to know if you do any of our random acts! Let us know by email community@heatonmoorunitedchurch.org.uk or tag us on our socials!

Watch out for a special Moor Love Living Lounge too!



Leprosy Mission Coffee Morning

Saturday 9th February from 10:30am

Val Evans is organising the coffee morning to raise vital funds for The Leprosy Mission, if you can help with teas/coffees or baking cakes please speak with Val directly.

Forgiveness & Feet

Thursday 13th Feb
from 15:15



Coins

Perfume

Tea

Love

Join us as we find out how all these connect and how they help us with forgiveness!



1st March
Community Day

time to
talk day

06/02/25



In partnership with



Time to talk day is a chance for all of us to be more open about our mental health and talk about how we really feel.

We have a Time To Talk group that meet at church on the 1st and 3rd Thursday of each month, and this month a session falls on time to talk day. Our group, Time To Talk is a safe space for talking and for people to share their experiences. The group is facilitated by a professional counsellor and is open to everybody. If you would like to join or for more information please contact Bernice on 0161 442 6217

Rev Alison Termie retirement events

Saturday 25th January (Burns Night)
Hatherlow & George Lane 6.30pm-9.30pm

As her parting gift to us, Alison has covered the fee for band 'Frisky Pigeon' to play two ceilidh sets — so we are in for a treat of great music and traditional dancing.

There's no requirement for people to come for the whole evening, dropping in is perfectly fine, but a rough outline of timings follows in case people want to attend for a particular part.

Start 6.30pm First music set 6.45-7.30
Buffet 7.30-8.15
Speeches & gifts 8.15-8.45 Final music set 8.45-9.30

There will be food provided (sandwiches, various nibbles and cake). Tea and coffee will be provided, but **folk are invited to bring a bottle** (alcoholic or non-alcoholic is fine).

It also just so happens to be Burns Night, so if you have some tartan and you wish to wear it, we'd love to see you in it!

The intention is that churches will present the individual gifts they have bought for Alison on the Saturday evening event.

Sunday 26th January
Short Street URC 2.00pm

Churches have been asked to close that morning and join together at 2pm. Alison will be preaching her final sermon and we will have the moderator in attendance with us.

The financial gift that churches have contributed to will be presented to Alison during the service.

The service will be followed by tea, coffee and cake (if there are any volunteer bakers, that would be gratefully received)