

NEWSLETTER

28TH OCTOBER 2026

Heaton Moor United Church



Sunday Services are at 10.45

1 st November	Deacon Janet Amey	All Age Worship
8 th November	Rev Dr Katie Smith	Remembrance Sunday
15 th November	Rev Dr Graham Adams	Communion Service
22 nd November	Joint Service with Heaton Mersey Methodist Church	
29 th November	Rev Dr John Parry	1 st Sunday in Advent

SPECIAL SERVICES

22 nd November	Love Lab : Interactive Safeguarding circuit service	18.00
29 th November	Service of loving remembrance	16.30

WIDER CHURCH CONNECTIONS

Heaton Moor United Church is connected to many churches across the Stockport area. We are part of the United Stockport Circuit , this is from our Methodist connections. From our URC connection, we are part of the Stockport and High Peak Missional Partnership .

Missional Partnership News

LINK NOVEMBER 26.PDF

The Missional Partnership has a newsletter called The Link . It is issued every month . If you wish to receive it please get in touch with me . I have attached October's so you can have a look .

Circuit News

The Circuit Newsletter can be accessed through this link:

<https://www.stockportcircuit.org.uk/lib/file-1056418.pdf>

District News and Synod News

Both the District and Synod issue newsletters , The district one is weekly and the Synod one is fortnightly.

Here is the link to the latest District newsletter : https://heatonmoorunitedchurch-my.sharepoint.com/:b:/g/personal/office_heatonmoorunitedchurch_org_uk/IQDpDLWBJZYzQJb1HhdOwnqHAb-huMIL8797YrRgkzj9AyU?e=fn05CO

The Synod link is here:

<https://static1.squarespace.com/static/68de3095e464465ae52e123c/t/6acced5ee7fd215d855a9598/1791815007943/9+October+2026.pdf>

EXPLORING YOUR FAITH

One of the advantages of being an LEP is there an opportunity to explore both churches wealth of information to aid exploring your faith , where ever you are on your journey . Through the newsletter , I will spotlight things that may interest you.

This week I am looking at the Methodist Church:

The Methodist Church has made a commitment to be a Justice Seeking Church. This builds on a long and impactful history of engaging in social action and pursuing social justice. There are six Principles for Justice that reflect our theology and direct our actions. At the core of these principles is God's love for all people. They offer a focus to our commitment in seeking transformation of the world and are outworked in the Priorities for Justice.

There are five priorities are tackling inequality and poverty, enabling a flourishing environment, seeking justice for refugees, opposing discrimination, and pursuing peace.

For more information click this link :

[HTTPS://WWW.METHODIST.ORG.UK/ACTION/](https://www.methodist.org.uk/action/)

THE LEADERSHIP TEAM.

At our recent Leadership Team meeting we were thinking about sheep! Yes, sheep!

Did you know Autumn is the key preparation period for sheep welfare? Time to plan their feeding regime, and providing health checks to prepare them for the harsh winter months ahead?

Don't worry we're not planning on grazing a few sheep on the front lawn in the near future. The kind of sheep we're thinking of are not the woolly variety, what we were thinking of was the kind Jesus was referring to when he asked Peter to "Feed my sheep."

How do we feed our sheep? I doubt if any of us would appreciate high energy feeds, good quality hay or mineral blocks throughout the autumn!

Instead, we have to work out how to feed our flock with good spiritual food, caring support and everything a disciple needs to follow Jesus.

With this in mind we hope to gather a few volunteers who will take on the responsibility of enabling us all to grow in faith and understanding as disciples of Christ. It's an ongoing and challenging task, we have little lambs, adult ewes and rams and perhaps a few sheep turning to mutton (!) who all need nourishment and nurturing.

Could you be a shepherd, part of the planning team to guide and enable us in the task?

Please speak to a member of the Leadership Team if it's something God might be calling you to.

Thank you.

Anne Wilde



COMMUNITY *Workernews*



JoAnne Roy

community@heatonmoorunitedchurch.org.uk

STATION OF FLIGHT 31ST OCTOBER

We'll be getting set up from 18:30, ready to welcome people from 19:00 with free hot chocolate

A little community update while I'm away...

I'm taking some annual leave next week, but there's still plenty happening at church and across our local community! So here's a little reminder of what's coming up over the next few weeks.



**THANKS TO THE VOLUNTEERS
RUNNING LIVING LOUNGE
WHILST I AM AWAY**



**SATURDAY
14TH NOVEMBER
18:00**

Join us at 6pm for our Big Quiz, raising money for Tearfund and church funds.

£10 per team of up to 6 people.

Pudding Club! 🍰 Three puddings for £10, with dietary requirements catered for.

Sign up outside the office!

SPECIAL SERVICES



8th NOVEMBER

10:45 Remembrance
Sunday



22nd NOVEMBER

18:00 Love Lab
interactive safeguarding
circuit service



29th NOVEMBER

16:30 Service of
Loving Remembrance

WINTER FAIR



21st NOVEMBER FROM 10:00

Come along, browse the stalls and make a start on your Christmas shopping. There'll be plenty to discover and a warm welcome waiting for you

MANCHESTER SHOEBOX APPEAL

We're once again collecting shoeboxes to bring a little Christmas joy to older people who might otherwise receive very little. You can make a whole box, or simply donate some items. There's a collection box outside the church office for individual gifts.

Ideas include toiletries, hand cream, puzzle books, playing cards, chocolates, biscuits, books, pencils and adult colouring books. Please no alcohol or money.

If you make a full box, please remember to include a Christmas card and a £1 donation, and to wrap the box and lid separately! Last day for donations and shoeboxes is Sunday 16th November

More Events



Holy Hygge
Finding Comfort, Connection and God in the Everyday

An online faith-based wellbeing session exploring the Danish concept of hygge and what it might have to offer our wellbeing, our relationships and our faith.

Icons: Hospitality, Wellbeing, Comfort, Atmosphere, Contentment, Rest, Togetherness

Simple things. Deeper connections. A warmer world.

What does it mean to create a sense of comfort, contentment and connection in our everyday lives? Find out by joining our next online session "Holy Hygge". In this relaxed and reflective online session, we'll explore hygge – a Danish word and way of life often associated with simple pleasures, warmth, hospitality, rest and being present with others.

Together, we'll consider how some of the principles of hygge might help us to slow down, notice the good things around us and create spaces where we and others can feel welcomed and at home

17 12th November 2026
19.30-20.30 GMT
Online

Contact JoAnne for the link



People's Emergency Briefing
On the climate and nature crisis
Stockport

Organised by Sustainable Living in the Heaton

Heaton Moor United Church
Tuesday 10th November. 10am
Friday 13th November. 7pm

Come along watch the film for free and join the discussion

www.nebriefing.org



Official book launch & creative workshop
Never judge a Croc by its Snap!

Join us

3pm - Saturday 21st November

Heaton Moor United Church,
1 Stanley Rd, Stockport SK4 4HL

GENERAL INFORMATION

Minister : Rev Mike Aspinall : mike54.ma@gmail.com

Team Information

Church Administrator – Sharon Heginbotham 0161 431 0262

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Community Worker – JoAnne Roy 07340 269 354

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Office Hours

Monday 10-2

Tuesday 10-2

Wednesday 10-2

Leadership Team

Michael Ball : michael@map-mail.co.uk

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Anne Wilde : annewilde2002@gmail.com

Safeguarding Officer : Sharon Heginbotham

VOLUNTEERING OPPORTUNITIES

We are looking for volunteers who would like to take part in our next local arrangements service on 22nd November. The theme is : The Servant King. Please contact Deborah Symmons: deborah.symmons@btinternet.com

Many thanks

Deborah